



Tennis

The Streamwood Park District has teamed up with Centre Court in the Hanover Park to bring tennis lessons to you. All classes are taught by qualified staff. Staff may move participants in between the classes to better accommodate their playing level. All classes are taught at the Centre Court Athletic Club, Hanover Park Park District.

QuickStart Red (4-6 years) and **QuickStart Orange I** ****New to Tennis**** (7-8 years)

Each lesson will focus on introducing the game of tennis to our youngest participants through the use of fun and exciting activities. The goal is to learn how to use racquets and move around the tennis court.

QuickStart Orange II ****Some Experience**** (7-8 years)

The goal is simple - learn the basics of a rally by being able to hit the ball back and forth over the net with a partner through the use of fun activities and games. Emphasis on development of rally skills using both forehand and backhand ground strokes, as well as other related skills, including serve, return of serve and volleys.

QuickStart Green I ****New to Tennis**** (9-10 years)

Focus on introducing tennis children that are new to the game through the use of fun and exciting activities. The goal is to learn to use racquets and to move around the court.

Indoor Tennis at Centre Court Athletic Club in Hanover Park

Winter I: January 2

Registration begins: December 5

Registration ends: December 29

Winter II: February 27

Registration begins: January 30

Registration ends: February 23

Spring I: April 23

Registration begins: March 26

Registration ends: April 19

No Class: May 28

Min/Max for all Tennis is 4/16

Winter		Spring	Group	Day	Time	Fee
I	II	I				
0600-0	0606-4	0645-4	QuickStart Red	Tuesday	1:15-2 p.m.	\$82
0600-1	0606-5	0645-5	QuickStart Red	Wednesday	4-4:45 p.m.	\$82
0600-2	0606-6	0645-6	QuickStart Red	Saturday	12:45-1:30 p.m.	\$82
0600-3	0606-7	0645-7	QuickStart Red	Sunday	11-11:45 a.m.	\$82
0600-4	0606-8	0645-8	QuickStart Orange I	Monday	4-5 p.m.	\$110
0600-5	0606-9	0645-9	QuickStart Orange I	Tuesday	4-5 p.m.	\$110
0600-6	0607-0	0646-0	QuickStart Orange I	Thursday	5-6 p.m.	\$110
0600-7	0607-1	0646-1	QuickStart Orange I	Friday	4-5 p.m.	\$110
0600-8	0607-2	0646-2	QuickStart Orange I	Saturday	9-10 a.m.	\$110
0600-9	0607-3	0646-3	QuickStart Orange I	Sunday	12-1 p.m.	\$110
0601-0	0607-4	0646-4	QuickStart Orange II	Monday	5-6 p.m.	\$110
0601-1	0607-5	0646-5	QuickStart Orange II	Tuesday	5-6 p.m.	\$110
0601-2	0607-6	0646-6	QuickStart Orange II	Thursday	6-7 p.m.	\$110
0601-3	0607-7	0646-7	QuickStart Orange II	Friday	5-6 p.m.	\$110
0601-4	0607-8	0646-8	QuickStart Orange II	Saturday	10-11 a.m.	\$110
0601-5	0607-9	0646-9	QuickStart Orange II	Sunday	1-2 p.m.	\$110
0601-6	0608-0	0647-0	QuickStart Green I	Monday	4-5 p.m.	\$110
0601-7	0608-1	0647-1	QuickStart Green I	Tuesday	4-5 p.m.	\$110
0601-8	0612-7	0647-2	QuickStart Green I	Thursday	5-6 p.m.	\$110
0601-9	0608-2	0647-3	QuickStart Green I	Friday	4-5 p.m.	\$110
0602-0	0608-3	0647-4	QuickStart Green I	Saturday	9-10 a.m.	\$110
0602-1	0608-4	0647-5	QuickStart Green I	Sunday	12-1 p.m.	\$110
0602-2	0608-5	0647-6	QuickStart Green II	Monday	5-6 p.m.	\$110
0602-3	0608-6	0647-7	QuickStart Green II	Tuesday	5-6 p.m.	\$110
0602-4	0608-7	0647-8	QuickStart Green II	Thursday	6-7 p.m.	\$110
0602-5	0608-8	0647-9	QuickStart Green II	Friday	5-6 p.m.	\$110
0602-6	0608-9	0648-0	QuickStart Green II	Saturday	10-11 a.m.	\$110
0602-7	0609-0	0648-1	QuickStart Green II	Sunday	1-2 p.m.	\$110

QuickStart Green II ****Some Experience**** (9-10 years)

This lesson focuses both learning and competing on the tennis court. Will build on the development of rallying skills, tactical and court positioning skills, and gaining more familiarity with singles and doubles play. Introduction to and emphasis on overhead serve and transition shots, such as a slice backhand and approach. All will be done in a fun, but competitive manner.

Jr. Development White (11-14 years)

Introduces tennis to new players in a fun and efficient manner. Focus will be on basic tennis skills, grips, fundamentals and techniques, introducing basic court movements and positioning on all strokes and developing them through instruction and fun games (similar to former Level 3).

Jr. Development Yellow (14-17 years)

Introduces tennis to new players in a fun and efficient manner. Focus will be on basic skills, grips, fundamentals and techniques, also introducing basic court movements and positioning on strokes and developed through instruction and fun age-appropriate games (similar to the former Teenage Beginner).

For more Tennis information, call the Hanover Park Park District at (630) 837-6300.

Indoor Tennis at Centre Court Athletic Club in Hanover Park

Jr. Development Blue (11-14 years)

Continuing to develop basic skills while expanding shot selections. Focus will be on adding various spins, improve consistency and add more direction to ground strokes while developing transition shots, correct volleying and serve grips and court positioning. Lesson consists of instruction and fun, skill developing-games, with some emphasis on point play (similar to former Level 3 and Level 4).

Jr. Development Brown

(14-17 years)

Lesson continues to develop basic tennis skills while expanding shot selections. Focus on adding spins, improve consistency and add more direction to ground strokes, while developing transition shots, correct volleying, and serve grips and court positioning. Lesson consists of instruction and fun, skill-developing games with some emphasis on point play (similar to the former Level 3 and Level 4).

Jr. Development Black (11-14 years) AND **Jr. Development**

Purple (14-18 years)

Lessons focus on preparing participants for competition play, whether individual tournaments or high school tennis. Emphasis on expanding shot selection while developing on-court 'weapons' to be used in point play situations. Technique will be stressed and doubles play and strategy will be introduced. Participants at this level should be playing at least 1-2 additional times per week (lesson, drill, hitting session, ball machine, play pass, etc.). Lesson consists of instruction and fun, skill developing games with emphasis on point play.

Adult Beginner (18+ years)

This lesson introduces tennis to new players while focusing on basic tennis fundamentals, techniques, and grips.

Adult Advanced Beginner (18+ years)

Class continues to develop basic tennis skills and techniques, while beginning to add more emphasis on rallying and match playing abilities.

Winter I: January 2

Registration begins: December 5

Registration ends: December 29

Winter II: February 27

Registration begins: January 30

Registration ends: February 23

Spring I: April 23

Registration begins: March 26

Registration ends: April 19

No Class: May 28

Min/Max for all Tennis is 4/16

Winter		Spring		Group	Day	Time	Fee
I	II	I	I				
0602-8	0609-1	0648-2		Jr. Development White	Monday	6-7 p.m.	\$110
0602-9	0609-2	0648-3		Jr. Development White	Wednesday	6:30-7:30 p.m.	\$110
0603-0	0609-3	0648-4		Jr. Development White	Saturday	9-10 a.m.	\$110
0603-1	0609-4	0648-5		Jr. Development White	Sunday	2-3 p.m.	\$110
0603-2	0609-5	0648-6		Jr. Development Yellow	Monday	6-7 p.m.	\$110
0603-3	0609-6	0648-7		Jr. Development Yellow	Wednesday	6-7 p.m.	\$110
0603-4	0609-7	0648-8		Jr. Development Yellow	Saturday	10-11 a.m.	\$110
0603-5	0609-8	0648-9		Jr. Development Yellow	Sunday	2-3 p.m.	\$110
0603-6	0609-9	0649-0		Jr. Development Blue	Monday	4:30-6 p.m.	\$180
0603-7	0610-0	0649-1		Jr. Development Blue	Tuesday	5-6:30 p.m.	\$180
0603-8	0644-0	0649-2		Jr. Development Blue	Wednesday	5-6:30 p.m.	\$180
0603-9	0644-1	0649-3		Jr. Development Blue	Saturday	11 a.m.-12:30 p.m.	\$180
0604-0	0644-2	0649-4		Jr. Development Brown	Monday	6-7:30 p.m.	\$180
0604-1	0644-3	0649-5		Jr. Development Brown	Wednesday	5:30-7 p.m.	\$180
0604-2	0610-5	0649-6		Jr. Development Brown	Friday	4:30-6 p.m.	\$180
0604-3	0610-6	0649-7		Jr. Development Brown	Saturday	11 a.m.-12:30 p.m.	\$180
0604-4	0610-7	0649-8		Jr. Development Black	Tuesday	5-7 p.m.	\$250
0604-5	0610-8	0649-9		Jr. Development Black	Wednesday	5-7 p.m.	\$250
0604-6	0644-4	0650-0		Jr. Development Black	Thursday	4-6 p.m.	\$250
0604-7	0644-5	0650-1		Jr. Development Black	Saturday	11 a.m.-1 p.m.	\$250
0604-8	0644-6	0650-2		Jr. Development Purple	Monday	4-6 p.m.	\$250
0604-9	0644-7	0650-3		Jr. Development Purple	Wednesday	4-6 p.m.	\$250
0605-0	0611-3	0650-4		Jr. Development Purple	Thursday	5-7 p.m.	\$250
0605-1	0611-4	0650-5		Jr. Development Purple	Saturday	1-3 p.m.	\$250
0605-2	0611-5	0650-6		Adult Beginner	Monday	6-7 p.m.	\$110
0605-3	0644-8	0650-7		Adult Beginner	Tuesday	6:30-7:30 p.m.	\$110
0605-4	0644-9	0650-8		Adult Beginner	Wednesday	7-8 p.m.	\$110
0605-5	0645-0	0650-9		Adult Beginner	Sunday	9:30-10:30 a.m.	\$110
0605-6	0611-9	0651-0		Adult Advanced Beg.	Monday	7-8:30 p.m.	\$180
0605-7	0612-0	0651-1		Adult Advanced Beg.	Wednesday	7-8:30 p.m.	\$180
0605-8	0612-1	0651-2		Adult Advanced Beg.	Sunday	10:30 a.m.-12 p.m.	\$180
0651-8	0645-1	0651-3		Adult Instructional Co-Ed	Monday	7-8:30 p.m.	\$180
0606-0	0645-2	0651-4		Adult Instructional Women	Wednesday	10-11:30 a.m.	\$180
0606-1	0645-3	0651-5		Adult Instructional Women	Wednesday	7-8:30 p.m.	\$180
0606-2	0612-5	0651-6		Adult Instructional Co-Ed	Friday	6-7:30 p.m.	\$180
0606-3	0612-6	0651-7		Adult Instructional Co-Ed	Sunday	3-4:30 p.m.	\$180

Adult Instructional Leagues (18+ years)

Leagues are designed for adults who are confident in their basic strokes and are ready to take on a little friendly competition. Sessions are comprised of a group tennis lesson followed by 45-60 minutes of pro-supervised point and match play.